

Ukwelapha

Ukwelapha kulula :
kubuyisela iinjyisiingazi ezilahlekileko.

Ukuthola ilwazi elaneleko namkha
ukubuza:

Thintana nenese e-ofisini ye-Haemophilia
Umtato/ifeksi: 011 787 6710

South African Haemophilia Foundation
Judy Butler
Umtato: 021 785 7140
info@haemophilia.org.za
www.haemophilia.org.za



Ubulwele
behayimofiliya



Ubulwele **behayimofiliya**

Ihayimofiliya A nehayimofiliya B malwele wobujamo bokopha obumbi epilweni.

Ihayimofiliya A namkha izinga eliphezulu lobujamo bokutlhogakala kokujiya kweengazi kutjhoda kwesihlaziyi sesijiyisiingazi VIII (8).

IHayimofiliya B namkha ubulwele kancani bubujamo obubangelwa kutlhogeka kwesijiyisiingazi I -IX (9).

Ngaphandle kweenjyisiingazi, angeze kwaphela ukopha.

Amatshwayo ajayelekileko & neembonakaliso

Eminyakeni emi 2 yokuthoma yokuphila

- ▶ Ukungajiyi kweengazi ebusaneni en: ukusukela esigabeni sokubambana ngenongwana hlangana nomntwana nonina namkha ekusokeni.
- ▶ Ukuvama ukuba neengazi ezijamileko.
- ▶ Ukopha isikhathi eside emlonjeni, elimini, endebeni ngemuva kokulimala.

Ukusukela eminyakeni emi-3 ukuya kwe-4 yepilo

- ▶ Kuvame ukujama iingazi.
- ▶ Kuvame ukopha namkha ukopha okwenzeka ngemva kokulimala kancani - ukopha eenyameni zomzimba ezithambileko kanye nemalungwini
- ▶ Ubufakazi bokopha kwelungu ngebanga lokutsirimezeka khulu-ukopha eenyameni zomzimba ezithambileko - ukuqhwalala kwamalungu, ukukhubazeka.
- ▶ Ifuzo lokopha emndenini.